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Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

The Circle of Security Parenting program helps you to:

- Understand your child's emotional world by learning to read emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honour the innate wisdom and desire for your child to be secure

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Contact us now to reserve a place in our next group

Level 1, Suite 5, 1741-1745 Pittwater Road, Mona Vale



**Circle of Security**  
INTERNATIONAL

*Early Intervention Program for Parents & Children*